



Marston Green Football Club
Risk Assessment

Risk Assessment	COVID - 19	To be used with the following assessments:	COVID 19 Precautions for Football Coaching
Site / Location:			
Primary Activity	Football Training	Date of assessment:	23 July 20
Assessment carried out by:	Mark Heath/Claire Bamks/Mick Tynan		
Persons at risk	Players, Coaches, Parents and Volunteers involved in football training at Marston Green Football Club		

AIM OF THIS DOCUMENT:

- 1) To **identify the hazards** in the workplace associated with a particular task or activity,
- 2) To identify and **assess the risks** associated with a particular task or activity, identify further hazard controls required to **mitigate the risks**,
- 3) To clearly control the risks through implementation of a **method statement** and **work procedure**,
- 4) Ensure the people at risk are aware of the risks and work in accordance with the method statement and safe system of work.

Description	Hazard	Control Measures	Risk rating
		Identify Current Controls in place Identify Any Additional Controls Implemented	
Pre – Training checks – 48hrs	Individuals attending training displaying symptoms themselves, been in contact with or living with individuals with symptoms	1. All coaches to confirm with players/parents 48hrs before training that if they are displaying symptoms, living with or had contact with someone that is confirmed or displaying symptoms that they are not to attend training for 14 days.	Low
	Ratio of coaches to players exceeded	2. Confirmation from coaches on numbers attending to ensure ratio of 1:5 (1 coach per 5) players can be met and aid session planning.	Low
Training session Set-up	Equipment used from unknown source	1. All equipment used will be centralized by the club and used for all sessions – coaches instructed not to use own coaching equipment – including balls/nets/cones/poles. 2. Parents/Players told not to bring their own equipment less boots/shin pads/water bottle.	Low
	Equipment potentially contaminated by COVID 19	1. All equipment will be sanitized before, in between sessions and on conclusion of the final session.	Low
	Sessions not meeting 2m distancing guidance	1. All sessions planned prior using segregated coned areas designed to maintain social distancing. 2. Coaches will be briefed and rehearse prior to opening of full training. 3. Session guides produced to help assist coaches in design and conduct of socially distanced sessions.	Low
Arrival to Training	Parking control	1. Parking limited to Croft Road car park only and communicated via club comms prior to training recommencing. 2. Restricts entrance points to training. 3. Players and parents encouraged to walk or use bicycles	Low
	Training Bubble Register	1. All players and parents to names to be entered into the training bubble register on arrival	Low
	Maintenance of good hand hygiene	1. Sanitizer stations will be provided on entry to training. 2. Players encouraged to bring their own PPE sanitizer.	Low
	Congestion of players in between sessions	1. Coaches briefed to ensure sessions finish on time – session will be based around 1hr: a. 5 min arrival and brief	Med

		<ul style="list-style-type: none"> b. 40min session with regular breaks c. 15min turnaround time – disperse parents/clean equipment (balls only) 2. Lead coach to oversee sessions and time keep. 3. Parents and players instructed to arrive no earlier than 5 mins before the session start	
	Maintaining 2m distance in transit to pitch	1. Clear ingress and egress marked from Croft Road car park. 2. Site map sent to parents. 3. Marked walkways guiding to and from the playing area. 4. Volunteer marshals used as required.	Low

During Training	Exposure to Covid-19 or potential to increase risk of exposure	1. All coaches to confirm with players prior to session start that they are not displaying symptoms, living with or had contact with someone that is confirmed with COVID 19 – if so they are to be removed from training into a segregated area.	Low
	Player displays symptoms at training	1. Activity to be stopped and player removed immediately into a segregated area maintaining social distancing – parents contacted.	Low
	Maintaining 2m distance during training session	1. Session clearly briefed to players. 2. Areas clearly marked maintaining distance. 3. Parents briefed to maintain 2m distance	Low
	Handling of equipment during training session	1. Contact with equipment kept to a minimal utilizing set drills. 2. Players told not to pick up the ball – if occurs ball is to be sanitized and new ball issued. 3. Players will have their own ball where the drill dictates 4. Use of equipment will be kept to a minimum.	Low
	Injury to player or coach during session	1. All coaches are emergency aid trained. 2. Coaches in possession of First aid equipment/suitable PPE – including masks/gloves. 3. Dependent on injury player will be asked to self-administer first aid if appropriate. 4. If parent present (age dependent) they will be encouraged to assist. 5. If required coach will attend and administer first aid – if comfortable and wearing PPE. 6. Emergency services to be called if serious as per normal FA emergency aid procedure. 7. Low impact no contact drills as per FA guidance – risk assessed as muscle type injuries.	Low
	Maintaining social distance during First Aid Procedure	1. For minor injuries coaches will adopt a 2m stance away from player. Players will be encouraged to self-administrate minor treatments such as ice packs. Parents may also be asked to assist. 2. For serious injury, Coaches will use full PPE to deal with the situation. All Other Players will be asked to wait by their allocated cones, till further assistance is provided by committee in the training area.	Med

	Exposure to Covid-19 or increased risk during planned water breaks	<ol style="list-style-type: none"> 1. Each player will be told to bring their own water bottle. 2. Each player to have their own admin zone – socially distant adjacent to the playing area. 	Low
	Difficulty of maintaining safety restrictions during sessions	<ol style="list-style-type: none"> 1. Session groups will be no bigger than a ratio of 1:5 i.e. 1 coach per 5 players. 2. Coaches encouraged to use simple and enjoyable drills. 3. Club to provide some templated drills to use. 4. Coach rehearsals prior to training. 	Low
After Training	Congestion of players in between sessions	<ol style="list-style-type: none"> 1. Coaches briefed to ensure sessions finish on time. 2. Lead coach to oversee sessions and time keep. 3. Parents and players encouraged to leave directly after training. 4. Age groups advised not to congregate and leave site maintaining social distancing. 	Med
	Equipment used contaminated with COVID 19	<ol style="list-style-type: none"> 1. All equipment used fully sanitized on closure of the session 	Low
	Maintenance of good hand hygiene	<ol style="list-style-type: none"> 1. Sanitizer stations will be provided on exit from training. 2. Players encouraged to bring their own PPE sanitizer. 	Low
	Removal of potentially contaminated waste	<ol style="list-style-type: none"> 1. Extra waste bins and bags will be provided for individuals and coaches to dispose of used sanitizing equipment. 2. PPE to be used when disposing of the bags on close of session. 	Low
Club Amenities/Facilities	Potential to increase risk by use of toilets and snack/beverage facilities	<ol style="list-style-type: none"> 1. All additional facilities usually offered will initially be closed during training sessions: <ol style="list-style-type: none"> a. Toilets b. Snack Cabin 	Low
Wellbeing	Social isolation may cause behavioral problems	<ol style="list-style-type: none"> 1. Coaches to be briefed to be mindful of players mental wellbeing during lockdown and actively encouraged to enquire in their welfare in order to understand any underlying problems. 	Low
Age Groups	Difficulty in enforcing 2m distancing and equipment handling guidance with younger players	<ol style="list-style-type: none"> 1. Club has decided to only bring back training for age groups U7's and above. 2. U7's – U11's must have a parent present. 	Low

Covid-19 Positive Test within training bubble	Track and Trace information being recorded on site	1. Bubble Register of Parent and Player name to be completed and recorded by Covid Committee for future reference if required. 2. Bubble members to contact the relevant health authority if a confirmed case is apparent and follow any guidance received ** The government 'Track and Trace' process is intended to cover this process so the club would fully expect that if there was a positive test you would automatically be contacted by that team. The club will keep full records as detailed above in the event contact details are required.	Med
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NOTE: the activity must not be allowed to proceed until sufficient controls can be implemented to reduce the risk to a Medium category at the very highest – no high-risk category is permitted to proceed.

This assessment will be reviewed following:

- Feedback from coaches/parents/players and club volunteers.
- Changes in the FA advice.
- Changes in Government and NHS/ public health guidance – including any variations in guidance from each country within the UK
- In the event of an incident or near miss.

Delete where applicable

Date assessment reviewed:	I have reviewed this assessment and there are no changes to be made or I have reviewed this assessment and changes have been made. All relevant parties have been informed of new hazards and controls identified	Signed: Name:
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Layout of Training facility - Showing Entrance and Exit

